



Presenting Primary

Regular Primary Newsletter

Edition 10 – 20 June 2016

Dear Families

We wish you and your children a relaxing break from the routine of school and look forward to seeing you return again for the commencement of Term Three on Tuesday 12 July for Prep to Year 12 students and on Monday 11 July for our Kindergarten children.

Although the students are now on holidays a number of our staff members are at school finalising reports and getting organised for Term Three. Reports will be posted home later this week.

During the last week of the holidays, several of our teachers will also attend a three-day workshop on the International Baccalaureate Primary Years Program to be held at Anglican Church Grammar School. I am sure they will return next term with lots of new ideas on engaging children in the inquiry process.

Whooping Cough (Pertussis)

We received confirmation today that one of our primary students has been diagnosed with Pertussis, also known as Whooping Cough. This is a highly contagious respiratory infection spread by the infected person coughing and sneezing. Whooping Cough can affect people of any age, however, for babies and very young children it can be life threatening. Families should be aware that whooping cough is currently quite prevalent in the wider community and parents should be monitoring the health of their children and seeking medical advice if their children develop cold-like symptoms, tiredness and coughing.



According to the Queensland Health website, epidemics of Whooping Cough occur every 3 to 4 years in Australia and in 2011, 38,732 cases were reported nationally.

Treatment for Whooping Cough is a course of antibiotics and the infectious person should remain at home for a period of five days from the commencement of the course of medication. We ask parents to advise the school if their child is confirmed as having contracted Pertussis.

Vaccination is the most effective way to control whooping cough. In Australia the pertussis vaccine is available in combination with diphtheria and tetanus. To ensure full protection at the right time, it is important that all the doses of the vaccine are given at the recommended times; although catch up vaccinations can and should be given if vaccines are delayed for some reason.

Immunisation against whooping cough is recommended as part of the National Immunisation Program Schedule and the vaccine is funded for:

- Infants - vaccines due at 2 months, 4 months and 6 months
- Children aged 4 years
- Year 8 student boosters



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Care Café

Are you working long hours? Are you time poor and do not have the energy to prepare healthy home cooked meals for you and your family?

We have the solution for you!



Come along to our Care Café on Tuesday 19 July, 2016 at 6:45 pm for an informative demonstration of how to save time and make nutritious, bulk meals for the freezer. Our guest presenter, Elanya van Heerden is a qualified chef and specialist cake decorator. Her passion is cooking. She makes, bakes and decorates inspired pieces of edible art and enjoys pottering around the kitchen preparing dishes and treats using fresh seasonal ingredients.

R.S.V.P. Pam Boardman pboardman@sjac.qld.edu.au by 18 July 2016 to confirm your attendance at this fabulous event.

Food Allergies Survey

The University of Southern Queensland (USQ) is looking for parents of children aged from 0 to 18 years (with and without food allergies) to participate in a study on Australian parents' food allergy knowledge.

Australia has one of the highest rates of food allergy in the world yet little is known about food allergy knowledge and how it affects how parents feed their children. This study is investigating food allergy knowledge, attitudes and beliefs, childhood feeding and allergies in children.

Parent participation is important to help us learn more about Australian parents' food allergy knowledge, attitudes and beliefs. Parents interested in this study are asked complete an on-line survey, which takes about 15-20 minutes. Those parents who complete the survey **go into the draw to win a \$100 prepaid VISA card**. This research study has received ethical approval from USQ.

Follow this link to participate: <https://psi.usq.edu.au/ols/?p=FALG15a>

For more information, contact Louise Allan via email q9420727@umail.usq.edu.au

Have a happy, happy holiday.

Kind Regards

Sandra Hawken

Head of Primary

